

# *Angela Berens*

## *Inspirational Speaker*

- **Conferences / Seminars**
- **Sales Meetings**
- **Ceremonial Dinners**
- **Awareness / Informational Presentations**
- **Media Interviews**

In 2002, I was 27 years old. I was 6 weeks away from expecting my first child. One week before starting maternity leave, I suffered a tragedy - I had a burst brain aneurysm (a stroke).

I found myself occupying a lifeless body - unable to walk; unable to talk (Aphasic); even unable to breath without mechanical assistance.

I was determined to survive and for the last 4.5 years, I have worked tirelessly through rehabilitation, setbacks and frustrations and have achieved inspiring results.

**My physical highlights are beating paralysis and epilepsy and finishing the Sydney Marathon in 2003.** Also, part of my life is "living with a language disability called aphasia". I also have challenged this disability and **have written a book called 'The Australian Aphasia Guide'**, which is a resource book for people with aphasia.

I am an everyday person who has conquered a major trauma and numerous disabilities through positive thought, determination and an ability to climb a mountain one step at a time.

My story will relate to people of all walks of life. By tapping into personal power I will demonstrate how you can become the key participant in your own life.

*“ When you realise that you have personal power, you can move mountains”.*

